



# **FEBRUARY SCHEDULE**

## **MONDAYS**

Stone Harbor Elementary After School Activities Grades K-4

3:30pm-5:00pm

Stone Harbor Circuits With Eddie 5:30pm-6:30pm

## **TUESDAYS**

Low Sit Cardio For Seniors 11:00am-12:00pm

Mahjong 12:30pm-3:30pm

Yoga For All Ages Sponsored By CMC Library

4:00pm-5:00pm

## **WEDNESDAYS**

Preschool Storytime Ages 3-5 10:00am-11:00am

Mahjong 12:30pm-3:30pm

Stone Harbor Elementary After School Activities Grades K-4

3:30pm-5:00pm

Mayors Wellness Challenge "Wellness Wednesdays"

5:30pm-6:30pm

Program Is FREE! Registration Ends 2/6- Program Begins 2/18

## **THURSDAYS**

Low Sit Cardio For Seniors 11:00am-12:00pm

Pilates 2:00pm-3:00pm

## **FRIDAYS**

Zumba Gold Sponsored By CMC Library 11:30am-12:30pm

Stone Harbor Elementary After School Activities Grades K-4

3:30pm-5:00pm

**ALL PROGRAMS ARE FREE AND OPEN TO THE PUBLIC. OFFICE HOURS  
ARE DURING THESE SCHEDULED ACTIVITIES. FOR THE MOST UP-TO  
DATE SCHEDULE, CALL 609.368.1210.**